

The Indiana Athletic Trainers Association is committed to providing quality healthcare for Hoosiers and strives to advance the athletic training profession.

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President's Message

*"...Be an example YOU would be proud of."
unknown*

As I am writing this letter, I can't help but think of the phrase..."April showers bring May flowers". Rain has been a constant; weather has affected our job responsibilities, our mental outlooks, and our personal time. As always, things will improve and other situations will come about in our lives. "This to will pass"...another saying my father used on numerous occasions.



John Locke, LAT, ATC

Returning to the phrase "April showers will bring May flowers"; I am compelled to think of flowers in a symbolic way. To me, flowers symbolize freshness and new beginnings at this time in Indiana. One of those new beginnings will be the passing of our bill (HR 1467) into law. After the April 25th vote in the House (91-1 approval), our bill is now known as House Enrolled Act 1467. It will make its way to the Governor for his signature in May. The licensed athletic trainers in Indiana will be a guiding light for the rest of the nation relating to reimbursement for physical rehabilitation within our scope of practice. As we are educated in the coming months as to the total effects of this bill/law to each individual in his/her practice, the importance of this legislation will be evident in our state and the rest of the athletic trainers that practice under the NATA. This truly is a very important time in Indiana history for licensed athletic trainers.

Switching gears...we have a number of events on the horizon that I urge each of you to keep in mind.

Save the Dates, Participate and Learn.

July 8 IATA Annual Golf Outing @ Cattails Golf Course in Elwood

It is a time to gather with friends and colleagues to get to know them better in a fun and relaxing environment. Take the opportunity to meet some of the legislators that had a vital impact on our bill becoming a State Law. Everyone will receive prizes and lunch on the grill is included.

MAY 2011

Indiana Athletic Trainers Association

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The IATA is recognized by the Indiana State Medical Association Commission on Sports Medicine and the Governor's Council for Physical Fitness and Sports Medicine.

INSIDE THIS ISSUE

(Click On Link)

- [President's Message](#)
- [UIndy Students - HB1467](#)
- [HB 1467 & BOC Update](#)
- [Hit the Hill](#)
- [IN Nat. AT Month Activities](#)
- [Annual Ortho Symposium](#)
- [Ball State HS AT Workshop](#)
- [Golf Outing & Summer Symp.](#)
- [LAT PAC](#)

Upcoming Issue

Content Due	Newsletter Out
June 15	July 1



Date Subject to Change

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Memorials

Please forward all notices of memorials to:

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July 13 & 14

IATA Summer Symposium
@ St. Vincent Sports Performance in Indianapolis

The focus on this year's event is functional movement. The Performance staff at St. Vincent Sports Performance will be leading the workshop. The event will also take time to discuss the implications of the legislation on all licensed athletic trainers in their workplaces. There will be a limit on participation numbers for this workshop, please register early.

October 30 & 31

IATA Annual Fall Symposium (Location TBA)
Topics and location will soon be published.

The group of volunteers in all areas of the IATA is an amazing bunch. The accomplishments have been noteworthy. Some of the highlighted areas of the year are:

- our formal connection with the Brain Injury Association of Indiana
- our revision of the IATA By Laws (last time this was done was 2003)
- our legislative success, the close working relationship with the IHSAA on many matters including concussion evaluation and management, practice regulations and limitations
- our continued support from the Sports Medicine Committee of the ISMA

With the help of the Executive Council, we have been able to continue the growth of our association to better serve the licensed athletic trainers in the state and the athletes, patients and clients we serve.

As the athletic season starts winding down for many of you and the excitement of summer warmth and family vacations and events are right around the corner; I urge all of you to take advantage of these times and have a safe and enjoyable summer with family and friends.

Until next time, follow your heart and be a great service to others.

John Locke, EdD, LAT, ATC
President, IATA



University of Indy Students Support HB 1467

This month the UIndy Student Athletic Training Club did a petition drive on campus in support of our state legislation. The students collected signatures of nearly 150 students and sent emails to friends/family, etc asking for support. The petition was sent to all senators on the insurance and health services committees. To date we have confirmed 47 contacts with senators by email and almost 3000 contacts (10 senators on each committee x 150 names on petition - students received reply form letters from some of the senators) by petition.

HB 1467 Update

House Bill 1467 passed the full Senate with a 50-0 vote. There were some language modifications and HB 1467 was re-confirmed in the House of Representatives 91-1. Our legislation now goes to Governor Daniels for signing.

Below is a synopsis of Indiana’s Bill for Athletic Trainer Reimbursement.

“Requires reimbursement under a policy of accident and sickness insurance or health maintenance organization contract for certain services that are covered under the policy or contract and are provided by a licensed athletic trainer under the athletic trainer’s scope of practice.”

There were additional clarifications and minor exclusions to our Bill. This legislation applies to insurance written after June 30, 2011, or when the insurance policy renews. Understand there may be a phase in period for these reimbursement changes. You can view the entire **HB 1467** at...

<http://www.in.gov/legislative/bills/2011/EH/EH1467.2.html>

There will be questions on how this applies specifically to you. Additional information will be coming from the IATA in the next few months. You may also contact IATA Governmental Affairs Chair, Rick Shaw at RICKASHAW@aol.com.

Thank you to those who contacted and educated their Legislators. Your active efforts made this possible success. This is a landmark step for the profession of athletic training in Indiana.



BOC Update

The BOC is revising the recertification requirements for BOC Certified Athletic Trainers. You probably received a letter from them in the past couple of weeks, but if not here are the highlights:

- Recertification Fee – The BOC has always offered a discount to NATA members and will continue this practice. However, the way in which the NATA collects the fee on behalf of its members is changing. The only thing an NATA member has to do to obtain the 32% discount is to be sure that the BOC recertification fee is checked at the time of NATA renewal. The \$34 discounted fee will be added to the dues amount. NATA will make this process easy and seamless.
- Continuing Education (CE) Guidelines – The current CE guidelines have been extended through 12/31/2013.
- Simple CE Reporting Form – The new CE form will require simple data entry only.
- Certification Statuses – The nine current statuses will be replaced by four simplified statuses. As a result, the Professional Practice and Disciplinary Guidelines and Procedures will be updated.
- Expiration Date – The BOC will be returning to one common expiration date for AT recertification. Please note that ATs with a 2011 expiration date are still required to complete and report required CE by the end of 2011.

IATA

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at IU Health Methodist Hospital



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Hit the Hill

On February 26th, 2011 more than 225 certified athletic trainers and 150 athletic training students from 42 states attended the annual NATA Hit the Hill day to advocate for federal legislation on behalf of the NATA. Six certified athletic trainers (including IATA President John Locke, IATA President-Elect Scott Lawrance, IATA Past-President Craig Voll, and IATA Secretary Jessica Emlich) from Indiana attended the event meeting with representatives from Senator Lugar and Senator Coats offices as well as with staff members of each of their individual House Representative. Among the legislative items advocated for were H.R. 6172 – Protecting Student Athletes from Concussions Act and H.R. 1347 – Concussion Treatment and Care Tools (ConTACT) Act.

H.R. 6172 would require school districts to implement concussion management plans to ensure students are informed about concussions and given the support they need to recover. The legislation is specifically designed to increase awareness of concussion signs, symptoms, and risks and improve concussion safety and management for student athletes. Additionally, it states a health care provider (such as a physician or athletic trainer) must be consulted prior to returning an injured athlete to play.

H.R. 1347 is a bill that amends the Public Health Service Act to require the Secretary of Health and Human Services to establish and publish concussion management guidelines in school-aged children, including standards for return to play. It authorizes grants to states for concussion education and preseason baseline and post-injury testing. Lastly, it requires states receiving grants to utilize applicable expertise and services offered by groups such as athletic trainer associations in the development of concussion management guidelines.



Pictured from Left to Right: IATA Secretary Jessica Emlich, IATA President John Locke, IATA Past-President Craig Voll, and IATA President-Elect Scott Lawrance

Indiana National Athletic Training Month Activities

Indiana Athletic Trainers Association:

As part of National Athletic Training Month, the Indiana Athletic Trainers Association hosted a Night at the Indiana Ice on Saturday, March 26th. Indiana Athletic Trainers and their families enjoyed dinner, fellowship, and the final regular season home game for the 2010-2011 Indiana Ice at the Pepsi Coliseum in Indianapolis. 2010 IATA Hall of Fame inductees, Barb Caton and Bernie Stento, were honored by “Dropping the Puck” prior to the game. (pictured below) The IATA advertised in the Evansville Courier and Press on the NCAA Men’s Basketball bracket page.



Indiana Athletic Trainers Association Student Representatives:

The student representatives coordinated a “Pop Tab” contest between the Indiana ATEPs to donate to the Ronald McDonald foundation. Franklin College won the contest with 166 lbs and an overall total donation between all of the ATEPs was 413 lbs.



LAFAYETTE AREA ATHLETIC TRAINERS CELEBRATE NATIONAL ATHLETIC TRAINING MONTH:

Have a Heart...Feed the Hungry Food Drive

Over 30 athletic trainers from the Lafayette Indiana area celebrated NATM by participating in a service project that would reflect the heart of a healthcare provider and benefit those in need.

After learning that Food Finders Food Bank (which serves 16 Indiana counties) was low on food, athletic trainers from Lafayette area high schools, Purdue University staff athletic trainers and students joined together to have a “Have A Heart...Feed the Hungry food drive on Valentine’s Day. The collected food / supplies were brought to the 21st Annual Lafayette Area Sportsmedicine Symposium that was held on February 21 at University Plaza Hotel in West Lafayette.

National Athletic Training Month logo / posters along with Food Finders Food Drive posters were posted at food collection sites (area high schools and Purdue University).

All together....drum roll please....838 pounds of food and supplies along with \$112 in cash donations were collected and donated to Food Finders.



4th Annual Orthopedic Symposium General Program Description

Issues related to the hip and knee will be the focus of the Fourth Annual Orthopedic Symposium at the new J.W. Marriott in downtown Indianapolis on Friday, September 23. Dr. J.W. Thomas Byrd, team physician for the Tennessee Titans and renowned specialist in hip arthroscopy, will join Methodist Sports Medicine / The Orthopedic Specialists as their Keynote speaker. The Methodist Sports Medicine team will present program topics dedicated to the hip and knee with particular focus on hip arthroscopy and injuries in athletes, patient selection and management options for total hip replacement and proximal hamstring tears. Our team will also discuss conservative care options for the osteoarthritic knee, patient selection and current indications for cartilage restoration procedures and advances in anterior cruciate ligament surgery. The theme will carry over to our afternoon lab sessions, each specifically designed for physicians and rehabilitation specialists.

Ball State Hosts 8th Annual High School Student Athletic Training Workshop

Ball State University will be hosting the 8th annual High School Student Athletic Training Workshop July 13-16, 2011. The workshop will feature both basic and advanced track sessions and labs to cover a wide range of experiences for the high school student athletic trainer. If you have students that would have an interest in attending please contact Troy Hershman @ 765 285-5843 or tchershman@bsu.edu for more information.

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SAVE THE DATE!

IATA 2011 Golf Outing - July 8, 2011
Cattails Golf Club in Elwood, IN
9273 W. 1050 N., Elwood, IN 46036

11:00 AM - Registration ~ 11:30 AM - Lunch ~ 1:00 PM - Shotgun Start
Registration will open next week on the IATA website!

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SAVE THE DATE!

IATA 2011 Summer Symposium - July 13-14, 2011
Indianapolis, IN

Licensed Athletic Trainers Political Action Committee (LAT-PAC)

Why was LAT-PAC formed?

LAT-PAC was formed to empower Indiana Athletic Trainers to be more involved in the determination of state laws and policies. IATA decided to create a mechanism that would allow the athletic trainer profession to channel its financial and grassroots support to help elect candidates to the state legislature who are responsive to the athletic trainer profession's goals and viewpoints.

The purposes of the LAT-PAC:

- Increase the awareness of the profession of athletic training to legislators within the State of Indiana;
- Utilize the political process to the advantage of the IATA;
- Further the interest of the IATA by endorsing candidates and contribute funds to endorsed candidates;
- Encourage athletic trainers to be active participants in the governmental process and lastly;
- Organize fund raising events to support future LAT-PAC legislative efforts.

I already pay NATA & IATA dues! Why contribute to LAT-PAC?

- NATA & IATA dues can not be used for contributions to candidates
- LAT-PAC helps us influence individuals who support IATA views to the state legislature
- LAT-PAC provides vital access to Members of the Indiana State Legislature and their staff to talk about legislative and regulatory issues
- Other groups have PACs. Let the athletic trainer profession be the voice of ATCs, not some other occupation or group

LAT-PAC (Licensed Athletic Trainers Political Action Committee):

PAC Members

Clark Simpson, LAT, ATC

Chair

Kent Evans, LAT, ATC

Treasurer